



South Richmond Adult Day Care Center

Snack Calendar

AM/PM - Snack Calendar

APRIL 2025



MONDAY	TUESDAY		WEDNESDAY	THURSDAY	FRIDAY
	1 <u>AM Breakfast</u> Cold Cereal (Corn Flakes) Pancakes w/SF Syrup Peaches Milk/Water <u>PM Snack</u> Jell-O and Peaches Animal Crackers		2 <u>AM Breakfast</u> Hard Boiled Egg Turkey Bacon Applesauce Milk/Water <u>PM Snack</u> Graham Crackers Peanut Butter	3 <u>AM Breakfast</u> Waffles/SF Syrup WG Toast/SF Jelly Mixed Fruit Milk/Water <u>PM Snack</u> WG Bread w/PBJ Applesauce	4 <u>AM Breakfast</u> Oatmeal WG Toast w/SF Preserves Peaches Milk/Water <u>PM Snack</u> Chex Mix Mixed Fruit
7 <u>AM Breakfast</u> Waffle/SF Syrup Cheese Toast Pineapples Milk/Water <u>PM Snack</u> Toasted Cheese on WG Bread Mixed Fruit	8 <u>AM Breakfast</u> WG Toast w/ SF Preserves Oatmeal Banana Slices Milk <u>PM Snack</u> Graham Crackers Peanut Butter		9 <u>AM Breakfast</u> Cold Cereal (Total) Pancakes Sliced Apples Milk <u>PM Snack</u> Chex Mix Apple Sauce	10 <u>AM Breakfast</u> WG English Muffin w/jelly Yogurt Peaches Milk <u>PM Snack</u> Animal Crackers Apple Sauce	11 <u>AM Breakfast</u> Toasted Cheese on WGB Waffle w/SF Syrup Mixed Fruit Milk <u>PM Snack</u> Apple Slices Peanut Butter
14 <u>AM Breakfast</u> Pancakes w/SF Syrup WG Toast w/ PB Mixed Fruit Milk/Water <u>PM Snack</u> Graham Crackers Peaches	15 <u>AM Breakfast</u> WG English Muffin w/cheese WG Toast w/ PB Applesauce Milk/Water <u>PM Snack</u> Chex Mix Applesauce		16 <u>AM Breakfast</u> Hard Boiled Egg Turkey Bacon Peaches Milk/Water <u>PM Snack</u> WW Bread w/PBJ Pineapples	17 <u>AM Breakfast</u> Pancakes/SF Syrup Oatmeal Mandarin Oranges Milk/Water <u>PM Snack</u> Pretzels Applesauce	18 <u>AM Breakfast</u> Cold Cereal (Cheerios) Toast w/ SF Preserves Banana Slices Milk/Water <u>PM Snack</u> Ritz Crackers w/ Cheese Cubes Mandarin Oranges
21 <u>AM Breakfast</u> Waffle w/ SF Syrup WG Toast w/ PB Mixed Fruit Milk/Water <u>PM Snack</u> Toasted cheese on WW bread Mixed Fruit	22 <u>AM Breakfast</u> Cheese Toast Oatmeal Pineapples Milk/Water <u>PM Snack</u> Animal Crackers Pineapples		23 <u>AM Breakfast</u> Cold Cereal (Corn Flakes) Pancakes w/SF Syrup Peaches Milk/Water <u>PM Snack</u> Graham Crackers Peanut Butter	24 <u>AM Breakfast</u> WG English Muffin w/SF Jelly Cheese Toast Applesauce Milk/Water <u>PM Snack</u> Cinnamon toast/SF Jelly Peaches	25 <u>AM Breakfast</u> Pancakes/SF Syrup WG Toast/SF Jelly Mandarin Orange Milk/Water <u>PM Snack</u> ½ Chicken Salad Sandwich Applesauce

<p>28 <u>AM Breakfast</u> WG English Muffin w/cheese Cheese Toast Applesauce Milk/Water</p> <p><u>PM Snack</u> Salsa w/corn chips Mixed Fruit</p>	<p>29 <u>AM Breakfast</u> Waffle w/ SF Syrup Cheese Toast Mixed Fruit Milk/Water</p> <p><u>PM Snack</u> Chex Mix Applesauce</p>		<p>30 <u>AM Breakfast</u> Hard Boiled Egg Turkey Sausage Mixed Fruit Milk/Water</p> <p><u>PM SNACK</u> Animal Crackers Peaches</p>	<p>KEY= SF-Sugar Free WG= Whole Grain Cereals= Cheerios, Corn Flakes, Total</p>	<p>Breakfast Served=7:30 - 9am Daily Lunch Served= 12pm Daily PM Snack Served=2:30pm Daily</p>
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